

# ALLERGY ACTION PLAN

Christian Academy of Little Saints @ FGH

Please fill out the following document to help students accurately and quickly.

Thank you for your cooperation.

<b>STUDENT'S NAME</b>	
<b>DATE OF BIRTH</b>	
<b>CLASS NAME</b>	
<b>TEACHER</b>	
<b>Does your child have allergies?</b>	<b>YES or NO (Circle one)</b>
<b>Diagnosed Allergy?</b>	<b>YES or NO (Circle One)</b>
<b>If Yes , please fill out the questions below.</b>	
<b>Condition / Allergy :</b>	
<b>Is an EPI-PEN necessary? YES or NO (Circle one)</b>	
<b>Reaction Symptoms :</b>	
<b>Recommended Action :</b>	
<b>Parent's Name</b>	
<b>Parent's Signature</b>	
<b>Date Signed</b>	

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## Snack Authorization

Dear Parents.

Below is a list of all the food items we will use for snacks throughout the school year. Please read the list carefully. If there is even ONE food item on the list which your child CANNOT eat, you must send your child's snack each day, in a container labeled with his/her name; this is to ensure your child's safety. (Please check our monthly calendar for the snack menu of each day.)

Thank you for your cooperation.

Childs Name : \_\_\_\_\_ Parent Signature : \_\_\_\_\_

Teacher : \_\_\_\_\_ Date : \_\_\_\_\_

Check One :

\_\_\_\_\_ My child CAN eat every item on the list and may eat the daily snack provided by the school.

\_\_\_\_\_ MY child CANNOT eat every item on the list. I will check the monthly calendar for the snack menu and send a snack if needed. I will label the snack with my child's name.

## Snack list

1. Goldfish crackers / Bunnies crackers
2. Rits crackers
3. Chees-Its crackers
4. Animal crackers
5. Keebler Club crackers
6. Vanilla Wafers
7. Graham Crackers
8. Saltine crackers
9. Cheese slices
10. Cheese sticks, Mozzarella
11. Hot Chocolate (for pajama day)
12. Yogurt / Go-gurt
13. Pirate's Booty
14. Raisins
15. Apples
16. Applesauce
17. Bananas
18. Fresh strawberries
19. Fresh blueberries
20. Grapes
21. Tangerines, Clementine
22. Oranges
23. Canned mandarin oranges
24. Canned peaches
25. Slice of bread
26. Special K Pastry crisp bar
27. Teddy Grahams
28. NutriGrain bars
29. Cheerios, Fruity cereal, Kix cereal
30. Korean rice cracker.
31. Korean rice bar.